



Shepherd of the Mountains Lutheran Church



Worship With Us
Sundays at 10 am

Office Hours Tuesday & Thursday 8:30 - 3:30

Pastor Tim Stådem

March 2023

INTENTIONAL CARE TO BODY AND SOUL – THAT’S LENT

It clearly begins with a plunge – Lent – especially this year. Because of ‘a more intense snow storm’ last week, we postponed Shrove Tuesday and included Ash Wednesday in our First Sunday in Lent. So with the sign of the cross, followed by a pancake reception, we leapt in: a deep dive into our mortality, and the disciplines of Lent, and a great meal together, while worship included our next theme of Renewing Our Congregation—finding our voice in Christ. It was a big splash.



Lent’s beginning was a full Sunday and “Yes, we are intentional this Lent”: *paying close attention to following Jesus’ journey to the cross while taking steps we all know are necessary for personal faith and for our congregation’s life and vitality in this time and place. We are invited to go deep into taking care.*

Yet I want to suggest that the tone of this Lenten season, even in the midst of the call—to turn, repent, and be cleaned of sin, is one of OPTIMISM. The images on Sundays are filled with the surprises—of new sight for a ‘know it all’ Nicodemus, of the ‘invitation to the unlikely’ through the socially condemned woman at the well, of a healing of eyes that addresses ‘the blindness to shame’, and of an ‘unbinding of grave cloths’ in the midst of deep grief and despair.

These Lenten images of faith are not about wallowing in sin. Ultimately they are about taking care of our body and soul. Lent is not for punishing or depravity, but body-building and soul-nourishment. The church has always known, even though we can lose sight in a kind of wailing and gnashing of teeth. Which is why Lent has traditionally been of significant timing for those preparing for Baptism: it is the season of being alert to salvation – for learning about the experience of being forgiven, and being made whole...of what transformation in Christ call us into.

Repentance may tear down what is twisted or corrosive, but it also builds up that which is of God.

You are INVITED: both inward and outward with the traditional disciplines of prayer and fasting and acts of love, but not punishment. These are part of our spiritual exercises—life-building techniques. They are not mortification, just as the cross is changed (transformed) from an instrument of torture. Our intentional steps in Lent are God at work in us to make us alive, renewed for the surprises and joys of Easter.



Shepherd of the Mountains Lutheran Church, ELCA

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Pastor Tim Stadem

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March 2023 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Lent Service & Soup Supper @ 5:30 pm 	2	3	4
5 Lent 2  Intergenerational Round Table 9 am Worship at 10 am with Pastor Tim Stadem	6	7 Bible & Breakfast 8 am on Zoom AA 6:30pm	8 Lent Service & Soup Supper @ 5:30 pm 	9	10 St. Patrick's Day Potluck Supper @ 5:30 pm 	11 Daylight Savings Turn clocks ahead tonight 
12 Lent 3  Intergenerational Round Table 9 am Worship at 10 am with Pastor Tim Stadem	13	14 Bible & Breakfast 8 am on Zoom Quilt Group 10:30 am AA 6:30pm	15 Lent Service & Soup Supper @ 5:30 pm 	16	17 St. Patrick's Day 	18
19 Lent 4  Intergenerational Round Table 9 am Worship at 10 am with Pastor Tim Stadem	20	21 Bible & Breakfast 8 am on Zoom Quilt Group 10:30 am AA 6:30 pm	22 Lent Service & Soup Supper @ 5:30 pm 	22	24	25
26 Lent 5  Intergenerational Round Table 9 am Worship at 10 am with Pastor Tim Stadem	27	28 Bible & Breakfast 8 am on Zoom Quilt Group 10:30 am AA 6:30pm	29 Lent Service & Soup Supper @ 5:30 pm 	30	31	

Lenten Services & Soup Supper



"Come to the Table" during Lent

March 1st - March 29th

along with a

Informal Service & Soup Supper

Taking place each Wednesday during Lent beginning at 5:30 pm

We reflect on various stories of Jesus eating with people around the table, bringing the Kingdom of God. Please invite others to this lovely evening together.

- 5:30pm [a meal](#) of fantastic soups and all the extras
- 6:15pm an [informal worship](#) begins - REMAINING AROUND THE TABLE.

As Jesus so often ate with people, sharing life and faith and healing, we will celebrate with stories, songs, scriptures and prayers. We'll laugh and pray together. Incredibly important: **your help in inviting others** – your invitation, meet someone here, pick someone up, invite a young family that eats on a Wednesday night, etc. (more to come). And we'll be back on the road by 7:00pm

In the Wilderness

Each of the Sundays in Lent are invitations to discover our faith in the midst of wilderness experiences

1. The Spirit guides Jesus into the wilderness where he comes face to face with temptation and struggle. The most important things come into view.
2. Nicodemus comes to Jesus under the cover of night, desperate for concrete answers. We are searching in the wilderness.
3. The people of Israel thirst in the wilderness and the woman at the well is invited to drink of the never-ending stream of life.
4. The man born blind escapes the wilderness and the healing of Jesus surprises everyone.
5. While we tend to think of the wilderness as empty, barren, and dead. Yet life will break open in a dry valley of bones and in the lifeless frame of Lazarus.



Lent in a Bag



We have prepared and assembled small bags for 'faith at home' – Lent in a Bag – perfect tool for symbols and conversations at the dinner table, especially exiting for young children with their parents. But all ages will appreciate the bible story and symbol of faith.

These bags were graciously prepared by Sherry Kinsella and assembled by several under the guidance of Sasha Mizelle. Please help us deliver them to your neighbors, to those who may be interested in talking with their children. Several bags are still available in our Fellowship Room.

St. Patrick's Day Potluck



It's a St. Patrick's Day Potluck Supper!

Friday, March 10th at 5:30 pm

Shepherd's Pie, Irish Stew, Bangers & Mash, Soda Bread, Corned Beef and Cabbage will be served along with Shamrock Cookies and Guinness beer.

Please see the sign up sheet in the narthex for donations needed.



Lutheran World Relief

Helping Through School Kits

Our Circle of Care Group will be putting together School Kits to send to those in need throughout the world. Needed for these kits will be donations of

- 70 sheet notebooks of wide or college ruled paper
- 30 centimeter rulers or a ruler with centimeters on one side and inches on the other
- Pencil sharpeners
- Blunt Scissors
- Unsharpened #2 Pencils with erasers
- Black or Blue Ball Point Pens
- Boxes of 16 or 24 Crayons
- 2 1/2" Erasers
- Sturdy drawstring Backpack-style Cloth Bags, Approximately 14" x 17" with Should Straps.

Please bring your donations to the church and leave them in the basket in the foyer.



Helping Through Quilts

The needs of our neighbors in Turkey are growing every hour. Lutheran World Relief is already working with their trusted local partners to reach children, women and men in desperate need.

Your gift to LWR's emergency response fund will deliver urgently needed support and care like:

- Food, water and other critically needed items.
- Temporary shelter.
- Medicine and supplies for clinics.

At this time, financial gifts are the number one need to assist our neighbors who are injured, hungry and displaced from multiple earthquakes.

You can also help through donations of quilts made by your church. Your generous gift to our emergency response fund will ensure that we are able to respond immediately, deliver quilts and kits to hard-to-reach places and expand our response into the future.

We've created a special video that shows your congregation's faith in action as our warehouse team prepares a shipment of LWR Mission Quilts, Personal Care Kits and Baby Kits to be delivered to Turkey. You can view this [this video](#) here.



Because of your commitment to making quilts and kits year-round, Lutheran World Relief is sending these valuable resources and **bringing hope to our neighbors who have lost everything.**

FINANCIAL GIFTS

At this time, [financial gifts](#) are the number one need to assist our neighbors who are injured, hungry and displaced from multiple earthquakes. **Your congregation's generosity will ensure that we are able to respond immediately, deliver quilts and kits to hard-to-reach places as quickly as possible, and expand our response into the future.** You can give now at lwr.org/quake or by mailing a check to the address below.

You can give directly at lwr.org/quake or by mailing to
 Lutheran World Relief, PO Box 17061, Baltimore, MD 21297-1061.
 Please write "QUAKE" in the memo line.



Thank You

This month we will recognize a few of our church heroes for their steadfast fellowship and love to our church family.



- For all the setup, cooking, serving, and hospitality for our First Sunday in Lent – with pancake banquet.
- For all the worship leadership in preparing the Lord's Table, leading in liturgy, musical talent at Ash Wednesday small gathering (in the storm), reading the scriptures, ushering and counting offerings. We are grateful!
- For all the meals and set up and clean up for the Lenten Soup Suppers and Roundtable Worship

Prayers

Robyn Lunsford, healing from surgery & health

Patrick Corun (son of Dan & Kay Corun) healing prayers.

Don Corun (brother to Dan Corun), cancer.

Chuck & Carolyn Hast, (friends of Mary Lou Klene), health & caregiver

Maxine Day, (friend of Mary Lou Klene), in hospice

Lifting others in our prayers.

Individuals will remain on our Prayer List for a period of 3 weeks.

Please continue to hold them in your prayers after that.

You are welcome to let us know if you would like people to return to the list for another 3 weeks.



For prayers or prayer updates please email or call the church office.

Church Council

Please know that your Church Council is always here to serve you and listen to your questions and concerns.

Feel free to contact a member of the Church Council or chat with them after church on Sundays.

Shepherd of the Mountains

Church Council

God's Vision for Shepherd of the Mountains Lutheran Church: A family of faith, living our beliefs by Welcoming, Worshipping, Teaching, and Serving (WWTS).

President:

Terry DiMattio
tnjintv@gmail.com

Vice President:

Lorrie Lee
alliswellnow@bresnan.net

Secretary

Rusty Mizelle
wyomingmizelles@gmail.com

Council Members

Brent Schaffer
schafferbg@gmail.com

Pam Zernis
zcircus3@yahoo.com

Chris Moulder
chris@dubbe-moulder.com

Nikki Thompson
nltpurple1984@gmail.com

Sascha Mizelle
wyomingmizelles@gmail.com

Birthdays & Anniversaries



March Birthdays

Jolene Moulder on March 3rd

Deb Johnson on March 9th

Scott Schmillen on March 12th

Colleen Thompson on March 22nd

Barb Conitz on March 27th

Please call or email the church office and tell us when your special day is.

Shrove Pancake Brunch

Due to dangerous roads, our Shrove Tuesday Pancake Brunch was postponed until the following Sunday.

Below: Pastor Tim flips the flapjacks for the hungry parishioners.

Middle Right: Chris Moulder spends some time catching up with David & Carolyn Svendsen.



Movie Night for the Girls

Above: The Shepherd of the Mountains ladies had a fun night out at the movies seeing 80 for Brady.



Valentine's Day Fun

Above: Shepherd parishioners gathered at Chinatown for a Valentine's Day dinner on February 10th. About 20 attended the fun gathering.

Right: Mary Lou Klene shows off her Valentine's Day scarf at the Quilt Group meeting in February.



February Church Council Meeting

Highlight of discussions and planning - keeping our congregation informed.

Council Highlights - February 12, 2023

Welcoming New Leaders: Sascha Mizelle, Chris Moulder, Nikki Thompson

Selecting Liaison Responsibility with Boards and Ministries

Review Policies: gift giving, facility use

Renewing Our Congregation – scripture, prayer, discussion of chapter 4

Updating our Constitution – some next steps

Designated Account – decision to begin a separate bank account for keeping/tracking our non-budget monies (ex: Old Bills)

Facility/Management – researching parking Lot resurfacing, preparing schedule of prioritized maintenance

Council Update

We are happy to report our 2023 Council officers for our parish are

Terry Di Mattio – President

Lorrie Lee – Vice President

Rusty Mizelle – Secretary



Thank you for your service for 2023!

Supporting Our Neighbor Drive

Our Outreach Ministry is asking for everyone to help serve our neighbor through these specific needs - a list of items from One22 Resource Center. Please bring an item or more to the baskets at the church entry when you arrive at worship. We will deliver these items to the resource center.

“Thanks be to God for these ways of making a difference.”



Unopened, full-size items
are needed

Laundry Detergent

Dish Soap

Hand & Body Soap

Body Lotion

Deodorant

Toilet Paper

Paper Towels

Tissues

Shampoo

Conditioner

Razors

Q-Tips

Pads & Tampons

Chapstick

Diapers (size 4, 5, 6)

All purpose cleaner

Toothbrushes (individual or
small quantities)

Toothpaste



Giving



Welcome to our new online Giving platform.

Through online giving you can pay by credit, debit, or by online checking. You can also give by texting SMLCJH to the number 73256

To give or set up payments online, simply click on the link below and you're on your way!

<https://onrealm.org/ShepherdMountainJH/Give>

Giving While You Shop at Smith's

Link your Smith's card to Shepherd of the Mountains Lutheran Church.

The church will receive a check for .5% of your purchases!
It's easy:

1. Sign in to your account and choose "My Account" in the top right corner.
2. This brings up a list on the left. Choose "Inspiring Donations."



Volunteering Each Week

Sunday Servants

Sign up to assist or read

There is now a physical sign-up sheet in the church narthex.

You can also call the church office if you wish to sign up.

You may mail your donations to

Shepherd of the Mountains

P.O. Box 3257

Jackson, WY 83001

Your financial support is important to us!

Church Office Hours
Tuesdays & Thursdays
8:30 am - 3:30 pm

February 2023

attendance & offering

February 5	24	\$ 2,461.66
February 12	30	\$ 1,550.00
February 19	15	\$ 1,010.00
February 22 - Ash Wed.	12	\$ 500.00
February 26	27	\$ 3,564.00

	March 5 Lent 2	March 12 Lent 3	March 19 Lent 4	March 26 Lent 5
Preacher	Pastor Tim Stadem	Pastor Tim Stadem	Pastor Tim Stadem	Pastor Tim Stadem
Assistant Minister	Jolene Moulder	HELP NEEDED	HELP NEEDED	HELP NEEDED
Reader	Sherry Kinsella	HELP NEEDED	HELP NEEDED	HELP NEEDED
Greeter/Ushers	HELP NEEDED	HELP NEEDED	HELP NEEDED	HELP NEEDED
Counters	HELP NEEDED	HELP NEEDED	HELP NEEDED	HELP NEEDED
Altar Minister	Pam Zernis	Pam Zernis	HELP NEEDED	HELP NEEDED
Coffee Hour	Jolene Moulder	HELP NEEDED	HELP NEEDED	HELP NEEDED