



Shepherd of the Mountains Lutheran Church



Worship With Us
Sundays at 10 am

Office Hours: Tuesday & Thursday 8:30 - 3:30
Pastor Tim Stådem

Receiving God's grace. Sharing Christ's love with all people

October 2025

In a recent conversation over the phone with my son, I could hear the raw concern over the harm and divisiveness of these days—locally, nationally, globally. I could hear his fears; I felt it inside of me. And I imagine that everyone knows these fears.

FEAR

According to experts in psychology, fear is considered a **primary emotion** (or basic emotion). Fear functions as 'a kind of automatic survival mechanism that triggers a **fight-or-flight response** to potential dangers.' As a primary emotion fear is instinctual, automatic. Fear reacts to external events and serves essential, adaptive functions—like *promoting survival*.



ANGER

These same experts will also explain that anger is understood as a **secondary emotion**. 'Anger masks these more vulnerable primary emotions—such as fear, sadness, shame, or hurt.' Our angers arise out of the shift we make from fear to 'a means of asserting control.' This anger movement constructs our fears into a substantial defense mechanism, they say. I wonder that anger is more of a choice?

Perhaps you would say, along with most other people: anger can be quite helpful, even serve as 'righteous action.' (Remember Jesus in the temple, turning-over tables of injustice) Anger seems to have an instrumental place in certain circumstances for the process of repair and restoration from problems or brokenness and/or injustice. And a key caution appears to be: not anxious anger.

In this stream of thinking, highly respected scholar of biblical theology, Walter Brueggemann, suggests that "*frightened people will never turn this world, because they use too much energy on protection of self.*" We all benefit from Brueggemann's encouragement. And our neighbor needs our fearlessness in the midst the world's chaos.

"Do not fear! I have called you by name; you are mine!" Isaiah 43

Here, the challenge with our call—which is the vocation of the baptized—is an ongoing invitation to pay attention to God's summons and presence for fearlessness...so we help make this world whole:

The unafraid are open to the neighbor, while the frightened are defending themselves from the neighbor.

The unafraid are generous in the community, while the frightened, in their anxiety, must keep the store and accumulate, to make themselves safe.

The unafraid commit acts of compassion and mercy, while the frightened do not notice those in need.

The unafraid are committed to justice for the weak and the poor, while the frightened see them only as threats.

The unafraid pray in the morning, care through the day, and rejoice at the night in thanks and praise, while the frightened are endlessly restless and dissatisfied.

Fearless together in Christ, Pastor Tim



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Pastor Tim Stadem
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 pastor.tim@sotmlc.org



October 2025 Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 AA 6:30pm	3	4 Blessing of the Animals in parking lot 2-6 pm 
5 Pentecost 17 Reformation Class 9 am Worship 10 am Blessing of the Animals 10 am  Worship Board Meets Management Board Meets	6 Prayer Group 5:30 pm	7 Bible & Breakfast 8 am on Zoom Quilt 10 am AA 6:30pm	8	9 AA 6:30pm	10	11
12 Pentecost 18 Reformation Class 9 am Worship 10 am Council Meets	13 Prayer Group 5:30 pm Pastor @ Bishop's Convocation	14 Bible & Breakfast 8 am on Zoom Quilt 10 am Women's Potluck Lunch & Bible Study @ noon AA 6:30pm Pastor @ Bishop's Convocation	15 Blood Drive 11:30 am Pastor @ Bishop's Convocation 	16 Blood Drive 7:30 am AA 6:30pm Pastor @ Bishop's Convocation 	17 Meet & Eat Potluck Dinner @ 5:30 pm at church Tanzanian Guests 	18 Tanzanian Guests
19 Pentecost 19 Reformation Class 9 am Worship 10 am Tanzanian Guests	20 Prayer Group 5:30 pm Outreach Board 6:17 pm	21 Bible & Breakfast 8 am on Zoom Quilt 10 am AA 6:30pm	22	23 Council Retreat 5:30 pm @ parsonage AA 6:30pm 	24 Church Rental 5-7 Cooking Club - Pizza Night Over the Hill at 5:30 pm 	25 Church Rental 9-5
26 Reformation Sunday Reformation Class 9 am Worship 10 am Stewardship Emphasis	27 Prayer Group 5:30 pm	28 Bible & Breakfast 8 am on Zoom Quilt 10 am AA 6:30pm	29	30 AA 6:30pm	31 Halloween Trunk or Treat time TBD 	

Blessing of the Animals

BLESSING OF THE ANIMALS

Saturday, October 4th from 2-6 pm, in the church parking lot

Sunday, October 5th at 10 am, at the beginning of worship

Bring your favorite pet to be blessed during our worship service

Dogs, cats, horses, spiders, they are all welcome!

Please have your dogs on a leash, your cats in a carrier and your fish in water.



Luther & the Reformation Sunday Class



Luther and the Reformation classes will take place before 10 am worship, each Sunday in October, from 9:00 to 9:45 am.

In October our topics will be: Luther and the Reformation (in preparation for Reformation Sunday, Oct. 26). Come to explore: The unique setting in Europe; The influences of Luther as a young Christian; The Scandals of the Church; and The Other Movements of Resistance – Proponents of Grace.

We will serve up good coffee, great conversation, and living room friendship for your journey in faith. Join us any Sunday you are able.

Council Retreat



The Church Council will host a council retreat on Thurs, Oct 23rd from 5:30 to 8:00 pm at the parsonage. This retreat is for our current Council members and will include a prepared meal with conversation. Topics for conversation will be Envisioning Our Future Church and planning for Growing Our Mission.

Uganda Missionaries Come to SMLC



(left to right) Bishop Emeritus Abel Mwambungu, Pr Wilson Nyakachewa, Pr Ezekiel Mwambungu, and Bishop Renard

Our Tanzanian guests, Pastor Wilson Nyakachewa and Pastor Ezekiel Mwambungu will be visiting us on October 17-19.

Pastor Wilson Nyakachewa, 57 years old, was born in Mt. Meru, Tanzania. He received his Bachelor of Divinity in 2007 and his Masters Degree of Theology in Gender and Health in 2015. He has served as a District Pastor for the UKD; Secretary of Christian Education, Youth, and Higher Learning; Principal of Tumaini Lutheran Bible School; General Secretary of the UKD; as well as multiple leadership positions within several church, school, and community organizations. He is currently the Assistant to the Bishop for the UKD. Pr. Wilson is married to Christina. They have 3 adult children.

Pastor Ezekiel Mwambungu, 53 years old, was born in Kilombero Tanzania. He received his Diploma in Theology in 2001 and his Bachelors of Divinity in 2009. He served as a Pastor in the ELCT-Ulangu Kilombero Diocese for 24 years. He has taught at the Tumaini Lutheran Bible School and served as the principal of that school. He has been the UKD Director of Christian Education, Youth, and Learning; and the Acting General Secretary twice. He currently serves as the Director for Planning and Development for the UKD and as the Chaplain of the Cathedral of the UKD. Pr. Ezekiel is married to Genrose Matimbwi, they have 3 children.

Come to welcome them at our next Meet & Eat on October 17th at 5:30 at church.

Pastor Wilson and Ezekiel will help lead worship on Sunday, October 19th at 10 am.

October Meet & Eat



Need a night off from cooking, some fun fellowship & a delicious meal?

This month's Meet & Eat will feature a

Missionary Visit from

Our Tanzanian Guests

Friday, September 19th at 5:30

Taking place at the Church

Help will be needed for this event, please see the sign-up sheet at church

Please bring a Casseroles, Salads, Side Dishes, Desserts, & a friend

Stewardship and You

Beginning on October 26th, our 2026 Stewardship Series we will focus on

"God's Generosity - Changes Everything"

We will focus on how the biblical messages on Sundays are guiding us, these will include: We are free in Christ, who is making everything new, God's mercy has a way of turning things 'upside down', We experience God who raises up new life, God helps turn our fears into strength and Our God is holding 'all this together'.

Each Sunday during Stewardship, we will focus on how God's generosity affects our own lives. This focus will end with a Thanksgiving potluck dinner on November 23rd.



Bishop's Convocation



The third week in October, Pastor Tim will be attending the 2025 Bishop's Convocation in Richmond, WA with the presentation from keynote: Dr Anthony Bateza, Associate Professor at St. Olaf College. Along with worship and prayer, sharing resources and conversations, and other meetings with colleagues, our presenter's topic is: *Trusted to Love: What Luther can say to our Fractured World.*

Pizza Night Over the Hill With the Cooking Club

The Cooking Club will sponsor another Pizza Night

For those who live over the hill, taking place on Friday, October 24th at 5:30 pm

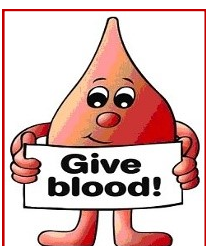
We invite anyone to come and create your pizza own masterpiece

Taking place at the Parisee house at 1238 River Meadows Dr. Victor, ID

Please see the sign-up sheet at church to help with the toppings



October Blood Drive



This month our Blood Drive will take place on

October 15th & 16th

Blood donors are always needed. If you don't have an appointment for the next blood drive and want to donate please go the the Vitalant website at <https://www.vitalant.org> to make an appointment.

Thank You

This month we will recognize a few of our church heroes for their steadfast fellowship and love to our church family.



- Thank you to all who donated and helped with the Old Bill's Fun Run. Your gifts and time will enable us to further help those in need in our community.
- Thank you to all of Church Boards and our Church Council, for meeting in September.
- Thank you for those who helped to plan our Cooking Club and Meet & Eat Events.
- To John Parisee for hosting our Cooking Club Pizza Nights.

Prayers & Thanksgivings



Prayers for Vivian Moulder who is recovering from heart valve replacement surgery.

Prayers for Robyn Lunsford, health.

Prayers for Steffan Freeman, health.

Prayers for all those suffering in body, mind, soul, and strength.

Prayers for the multitude who are living with loneliness.

Prayers for those who suffer from armed conflicts in Ukraine, Gaza, Israel, Syria, and all around the world.

For prayers or prayer updates please email or call the church office.

Church Council

Church Council

Please know that your Church Council is always here to serve you and listen to your questions and concerns.

Feel free to contact a member of the Church Council or chat with them after church on Sundays.

President:

Lorrie Lee
alliswellnow@bresnan.net

Vice President:

Pam Zernis
zcircus3@yahoo.com

Secretary:

Nikki Thompson
nltpurple1984@gmail.com

Council Members:

Chris Moulder
chris@dubbe-moulder.com

Rusty Mizelle
wyomingmizelles@gmail.com

Steffan Freeman
steffenfreeman@gmail.com

Brook Redwine
4268nbsven@gmail.com

John Parisee
jparisee1@yahoo.com

Pastor Tim Stadem
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Birthdays & Anniversaries

October Birthdays & Anniversaries



Susan Freeze birthday on October 2

Kerry Grande birthday on October 10

Claire Morley birthday on October 12

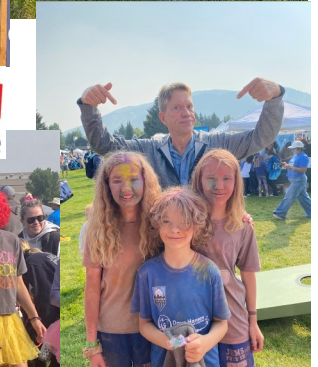
Please contact the church office if you would like your birthday or anniversary listed in our newsletter.

So Much To Be Grateful For!

Old Bill's Fun Run Booth 2025

On September 6th, members of the congregation participated at the Old Bill's Fun Run by hosting a booth at the event. Pastor Tim and John Parisee ran the trivia wheel while church volunteers helped the children play cornhole and pick out prizes.

Thank you all our church volunteers for your help!



September Church Council Meeting

Council Meeting Highlights – for Sept 14th, 2025 meeting

- 1) Financial gifts through passing the plate in worship and church use has increased.
- 2) We are preparing for Oct 17 – 19 guests from our companion synod in Tanzania.
- 3) Old Bills event – staffing our church booth – was a great success.
- 4) Flood repairs are nearing completion, with less expense than anticipated.
- 5) May be able to construct outdoor shed before winter.
- 6) Council retreat being arranged for October.



Fellowship & Friends



Quilting Club Potluck

Left & Right: On September 23rd, members of the Quilting Club got together to enjoy a visit with Julie Redwine. Julie was here for a short time to visit with her son & daughter in law, Brook & Matt Redwine.



September Cooking Club

In September, members of the church got together at Rose & Dale Jeske's house to make pizzas. This night was an extension of our new Cooking Club, which brings us all together to enjoy food, fellowship, and trying new things.



Xinlu On the Road

Right: One of our talented musicians, Xinlu Huang, has been traveling the world on her bicycle. Xinlu recently sent a photo of her at the northernmost point of the main island of Japan, taken about a week ago after biking about 650 miles there from Tokyo. We look forward to having Xinlu back at SMLC and hearing about her many adventures on the road.



Giving



Welcome to our online Giving platform.

Through online giving you can pay by credit, debit, or by online checking. You can also give by texting

SMLCJH to the number 73256

To give or set up payments online, simply click on the link below and you're on your way!

<https://onrealm.org/ShepherdMountainJH/Give>

You may mail your donations to

Shepherd of the Mountains

P.O. Box 3257

Jackson, WY 83001

Your financial support is important to us!

Church Office Hours

Tuesdays & Thursdays

8:30 am - 3:30 pm

Giving While You Shop at Smith's

Link your Smith's card to Shepherd of the Mountains Lutheran Church.

The church will receive a check for .5% of your purchases!

It's easy:

1. Sign in to your account and choose "My Account" in the top right corner.
2. This brings up a list on the left. Choose "Inspiring Donations."
3. Look for our organization number—YJ339



Volunteering Each Week

Sunday Servants

Sign up to assist or read

There is now a physical sign-up sheet in the church narthex.

You can also call the church office if you wish to sign up.

September 2025

September 7	35	\$2,378.00
September 14	32	\$2,424.00
September 19 - Meet & Eat	11	N/A
September 21	33	\$941.00
September 28	36	\$1,153.00

\$3,275.00 is needed weekly
your donations matter!

	October 5 Pentecost 17	October 12 Pentecost 18	October 19 Pentecost 19	October 26 Reformation Sunday
Preacher	Pastor Tim Stadem	Pastor Tim Stadem	Pastor Tim Stadem	Pastor Tim Stadem
Musician	Beverly Charette	Nancy Wilbrecht	Ozzy Ucak	Pastor Tim
Assistant Minister	Brook Redwine	Beverly Charette	Nancy Parisee	Christina Mizelle
Reader	Robyn Lunsford	Jim Wells	John Parisee	Jolene Moulder
Greeter/Ushers	John Parisee	Lorrie Lee	Edda Grove & Karen Schroeder	Colleen Thompson
Head Offering Counter	Jolene Moulder	Sherry Kinsella	Pam Zernis	Brook Redwine
Altar Guild	Sherry Kinsella	Rose Jeske	Brook Redwine	Pam Zernis
Coffee Maker	John Parisee	Lorrie Lee	Brook Redwine	Jolene Moulder